

The Retire Flyer



Welcome to Volume 10, Issue 1 of the Frederick County Employees Retirement Plan (FCERP) retiree newsletter.

If you have any suggestions (and we want to hear from you!) for information you would like to see published, please either email it to DHoffman@FrederickCountyMD.gov or send it to the Division of Human Resources, 12 East Church Street, Frederick, MD 21701.

You can also visit the retiree link on the County web site for notices and information - <http://www.frederickcountymd.gov/4898/Retiree-Information-Resources>

Vital health information in a minute

Eight of every 10 adults use over-the-counter (OTC) medicines for colds, coughs, and aches and pains.

Do you keep OTC medicines on hand for regular use?

Do you also take vitamins and herbal supplements

for your health? Being cautious and informed may

help you avoid problems. Check with your doctor

or pharmacist about your prescription medicines,

OTC products and supplements.

Ask your doctor for a yearly "medication checkup."

Your doctor can help you adjust or stop medicines if needed.



What's New in the County.....

Open Enrollment Starts November 1st!

Open enrollment is scheduled for the period from November 1 through November 21, 2016. Any benefit changes made during open enrollment will be effective on January 1, 2017. Please watch your mailbox for information packets and review the materials to get the information you need to make good decisions for 2017. You don't have to return any paperwork to HR if you aren't making any changes for 2017.

The FredCoConnect project continues and as part of the design process for the future use, we need to collect your email address. Please send your email address along with your name to Human_Resources@Frederickcountymd.gov. Thank you for your help!

The 2016 General Election is November 8, 2016.



Online voter registration is now available at the State Board of Elections' website at www.bit.ly/MDVoteReg for voters who have a Maryland driver's license or MVA issued ID. Voters with MVA issued ID or a Maryland driver's license may also update their current Maryland voter registration information at this site.

Important dates to remember:

- ♦ **Thursday, October 27, 2016 - Thursday, November 3, 2016: Early Voting for the General Election. (Early voting will be available daily 8am-8pm, including Saturday, October 29, and Sunday, October 30.)**
- ♦ **November 1, 2016: Deadline to request mailing or faxing absentee ballot.**
- ♦ **(Ballot must be postmarked by November 8, 2016 and received by Frederick County Board of Elections by 10am on November 18, 2016.)**
- ♦ **November 4, 2016: Deadline to request emailed absentee ballot. (Ballot must be postmarked by November 8, 2016 and received by Frederick County Board of Elections by 10am on November 18, 2016.)**
- ♦ **November 8, 2016: General Election. (Polls are open 7am-8pm.)**

County Executive Jan Gardner delivered the State of the County, emphasizing Frederick County's growing economy, safe communities, outstanding schools, strong fiscal management, AAA bond rating and high quality of life that is the envy of mid-size counties across the nation.

“Frederick County is without a doubt one of the best places to live, work and raise a family,” commented Executive Gardner. “Our citizens, elected officials and county employees are working together and have accomplished some amazing things under Charter Government.”

The address may be viewed at www.tinyurl.com/GardnerStateofCounty2016.